

## Bandwidth Glossary

*Human beings fear what they don't understand. The unknown scares us. When we meet people who look or act in unfamiliar or strange ways, our initial response is to keep them at arm's length. At times we make ourselves feel superior, smarter, or more competent by dehumanizing or degrading those who are different. The roots of so many of our species' ugliest behaviors – racism, ageism, misogyny, anti-Semitism, to name just a few – are in this basic brain-mediated response to perceived threat. We tend to fear what we do not understand, and fear can so easily twist into hate or even violence because it can suppress the rational parts of our brain (p. 253).*

Perry, B. D., & Szalavitz, M. (2017). *The boy who was raised as a dog*. New York: Basic Books.

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Racism - prejudice, discrimination, or antagonism directed against someone of a perceived different race

Sexism - prejudice, discrimination, or antagonism directed against someone of a perceived different sex

Classism - prejudice, discrimination, antagonism, or condescension directed against someone of a perceived lower class

Able'ism - prejudice, discrimination, or antagonism directed against someone perceived as being less able, physically, mentally, or cognitively

Homophobia – irrational fear and hostility against people based on a perception of their sexual orientation (affectional attraction to people of the same sex or to either sex)

Transphobia - irrational fear and hostility against people based on a perception of their gender identity (a person who appears to be a biological man who identifies as a woman, for example)

Islamaphobia - irrational fear and hostility against people based on a perception of their religion or faith perspective

Xenophobia - irrational fear and hostility against people based on a perception that they come from another country